



WOMEN'S REFUGE  
OF VERO BEACH

Psalm 46:1  
God is our refuge and strength



## May 2026 *Happy* Mother's Day: A Celebration and a Challenge

As I write this, we are approaching Mother's Day and I can't help but reflect on my own mother and the many mothers who have benefited from the Women's Refuge.

Mother's Day is often a joyful occasion filled with flowers, cards, and gratitude. For many, it is a time to honor the love and sacrifices of their mothers. Yet, for some women, Mother's Day brings a wave of emotional pain. Whether facing grief, disappointment, loss, or longing, this day can remind us of broken dreams, strained relationships, or the absence of motherhood. If you're hurting today, God sees you. He knows your story, and He offers you comfort and hope.

The Bible is filled with reminders that God is near to the brokenhearted. In Psalm 34:18, we read, *"The Lord is close to the brokenhearted and saves those who are crushed in spirit."* This promise is for all women, mothers, daughters, sisters, and friends, who carry burdens unseen by others. Your pain matters to God. He invites you to bring your sorrow to Him, knowing He will never turn you away.

Scripture shares stories of women who faced deep emotional pain, Hagar, who was rejected; Hannah, who longed for a

child; Naomi, who mourned the loss of her family; Mary, who watched her Son suffer. Each of these women found solace in God's presence. Their lives remind us that God's love does not waver, even in the midst of heartbreak.

### Encouragement for Today

- **Trust that God cares:** *He knows every tear and every hope.*
- **Seek His comfort:** *Through prayer and Scripture, let Him speak peace into your heart.*
- **Remember you are valued:** *Your worth is not defined by your circumstances, but by God's unconditional love.*
- **Reach out:** *Allow yourself to be supported by friends, family, and your faith community.*
- **Consider coming to the Refuge for a time of renewal.**

If you are struggling, know that God's message to you is one of hope: *"I will never leave you nor forsake you"* (Hebrews 13:5).



Cheryl Deal, LMFT  
Board Member

## Message from the Executive Director



Diane A. Ludwig  
Executive Director

At the Women's Refuge of Vero Beach, we are committed to being thoughtful stewards of every dollar entrusted to us. As part of that commitment, we periodically review and update our mailing list to ensure we are using resources wisely and efficiently.

In the coming weeks, we will be conducting one of these routine reviews. Our goal is to reduce unnecessary printing and mailing costs while continuing to stay connected with those who value receiving our newsletter.

If you enjoy receiving our newsletter and happen to stop receiving it, please don't hesitate to reach out. We would be happy to ensure you remain on our mailing list.

Additionally, if you would prefer to receive a digital version delivered directly to your email, we are glad to accommodate that as well.

Thank you for your continued support and partnership. Please direct your response to Judy Graziosi, our Director of Development at [judy.graziosi@womensrefugevb.org](mailto:judy.graziosi@womensrefugevb.org).

June 4-6, 2026

# RENEWAL WEEKEND

*"God is our Refuge and strength,  
an ever-present help in trouble." Ps. 46:1*

## Teaching focus areas include:

- Identity in Christ
- Guilt, Shame and Forgiveness
- Lies We Believe
- Striving vs. Thriving
- And more

Cost \$295



## Job Opportunity PR Assistant



### 1 ROLE PURPOSE

Support the Women's Refuge in fundraising, marketing & public relations

### 2 CORE RESPONSIBILITIES

Assist with fundraising efforts, help plan & execute events & support the Dir. of Dev.

### 3 QUALIFICATIONS AND FIT

Strong communication, organization & time management skills, Quickbooks a plus

Email resume to:  
DLudwig@womensrefugevb.org

The Women's Refuge of Vero Beach is seeking a

## DIRECTOR OF COUNSELING

Be part of a ministry changing lives.

To see the full job description, go to our website: [womensrefugevb.org](http://womensrefugevb.org)

## Volunteers Needed

The Women's Refuge of Vero Beach is currently seeking dedicated women to serve in our front office at 1850 Lemon Avenue, Vero Beach. Opportunities include assisting with administrative tasks, greeting visitors, and supporting daily operations. If you have a heart to serve and a willingness to help, we would love to hear from you. To get started, please download a volunteer application at [womensrefugevb.org](http://womensrefugevb.org). For questions about volunteering at the Women's Refuge, call 772-770-4424 or email [info@womensrefugevb.org](mailto:info@womensrefugevb.org).

We are also in need of volunteers at our Resale Store. Help is needed with sorting donations, folding clothing, and creating an inviting shopping environment. To learn more, please call 772-567-3598 or email [wrrstore@gmail.com](mailto:wrrstore@gmail.com).



**WE ACCEPT**  
*gently loved*  
**ITEMS**

1615 10<sup>th</sup> Ave., Vero Beach, FL 32960  
(772)567-3598 | [wrrstore@gmail.com](mailto:wrrstore@gmail.com)  
Tuesday-Friday 10am-4pm  
Saturday 10am-3pm



## CLASSES

### MONDAYS

#### WOMEN SEEKING TRUTH

Free (Plus Cost of Book)

Time: 7-8:30 PM

### FRIDAYS

#### BIBLE STUDY

Free (Men & Women)

Time: 8:30-9:30 AM

### THURSDAYS

#### SHELTER FROM THE STORM

\$60 (Plus Cost of Book)

July 16 - October 1, Time: 3-5PM

For women who have suffered sexual abuse.

### MONDAYS

#### SURRENDERING THE SECRET

Free (Plus Cost of Book)

Starts August 10, Time: 3-5PM

Emotional Healing for any woman who has experienced the trauma of abortion.

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