



July 2026

Freedom, Faith, and Sacrifice

The last days of the school year always seemed to take forever to arrive. When the last bell finally rang, it signaled the start of summer freedom, long beach days, adventures with friends, and the anticipation of a long-awaited vacation.

As we grow older, however, our understanding of freedom deepens. We begin to recognize the privileges and responsibilities that come with living in a free society: the liberty we enjoy as Americans, the rights of others we are called to respect, the independence secured through sacrifice, and the freedom to worship without fear.

“Freedom is never more than one generation away from extinction. We didn’t pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same.” - Ronald Reagan

As America marks its 250th anniversary, we honor the countless men and women who gave their lives so that we might live in freedom, practice our faith openly, and confidently embrace Christ as our Savior.

Around the world, many still risk their lives simply to own a Bible. Though they live under the threat of reprisal, they draw courage from God’s Word and face their fears with faith.

“Do not fear, for I am with you; Do not be afraid, for I am your God. I will strengthen you, I will also help you, I will also uphold you with My righteous right hand.”
Isaiah 41:10

Christian faith teaches that freedom is one of God’s greatest gifts to humanity. While freedom is often

understood as the ability to choose, speak, or live without restraint, Christian freedom reaches deeper than social or political rights. It is rooted in a relationship with God through Jesus Christ and expressed in a life transformed by grace, truth, and love.

The New Testament presents this freedom not as escape from responsibility, but as liberation from sin, fear, and spiritual bondage so that believers may live fully for God and for others.

At the Women’s Refuge, we affirm that faith in Jesus Christ brings true freedom and new life. Scripture teaches that through Christ, believers are set free from:

- The guilt of sin
- The fear of condemnation
- The burden of trying to earn salvation through our own measures

Christian freedom means we no longer live as slaves to destructive desires or spiritual hopelessness. Instead, we are invited into a new identity as children of God: forgiven, renewed, and set free. This inward, spiritual freedom reshapes the heart, mind, and soul.

Join us in spreading the freedom found in Christ by supporting the ministry of the Women’s Refuge, where *God is our refuge, a very present help in time of need.*



Diane A. Ludwig
Executive Director

For more information about the Women’s Refuge
visit our website: womensrefugevb.org

TESTIMONIAL



"Since coming to the Women's Refuge, I have become more focused on scripture. I always knew about God, but never truly understood how He guided me and loved me. I have learned what I was missing: how to forgive. Now I understand the importance of it, and I have forgiven a lot of people, which has made a big difference for me. I don't have any bitterness or hate for them anymore. I learned that my identity in Christ is all I need - the rest I can pass on to God to take care of. I no longer feel like I need to be in control. - Donna C., 9 Weeks, Live-in Program

SUPPORT GROUPS

**ON-GOING
MONDAYS**

WOMEN SEEKING TRUTH

Free (Plus Cost of Book)

Time: 7-8:30 PM

FRIDAYS

BIBLE STUDY

Free (Men & Women)

Time: 8:30-9:30 AM

COMING SOON

SHELTER FROM THE STORM

\$60 (Plus Cost of Book \$20)

THURSDAYS

July 16 - October 1, Time: 3-5 PM

For women who have suffered sexual abuse.

SURRENDERING THE SECRET

Free (Plus Cost of Book \$20)

MONDAYS

Starts August 10, Time: 3-5PM

Emotional healing from the trauma of abortion.



**WE ACCEPT
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ITEMS**

1615 10th Ave., Vero Beach, FL 32960
(772)567-3598 | wrrstore@gmail.com
Tuesday-Friday 10am-4pm
Saturday 10am-3pm



**WOMEN'S REFUGE
OF VERO BEACH**

New Opportunity!

**HOUSE
MANAGER**

FOR A CHRIST CENTERED LIVE-IN PROGRAM

Women's Refuge of Vero Beach, a non-profit, is looking for a dedicated House Manager for a Christ centered Live-In Program.

Click here for job description



NEW OPPORTUNITY

**JOIN A MINISTRY THAT
CHANGES LIVES**

**DIRECTOR
OF
COUNSELING**



**WOMEN'S REFUGE
OF VERO BEACH**

Click here for job description



**WOMEN'S REFUGE
OF VERO BEACH**

Golf Tournament

SAVE THE DATE

MONDAY

SEPTEMBER 28

at Vero Beach Country Club



email Judy.Graziosi@womensrefugevb.org
FOR MORE INFORMATION



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