



WOMEN'S REFUGE OF VERO BEACH

Psalm 46:1 God is our refuge and strength

September 2023

God will never leave us or forsake us

Here at the Refuge, we have been privileged to experience God's unwavering love and support, even when our earthly perception may have suggested otherwise. God's benevolent mercy has proven steadfast throughout every difficulty, and we take great comfort in knowing that we are not alone on our journey. God's promise of never leaving is encouraging in a world that is constantly changing and where people are frequently leaving, whether in a family, a relationship, or through death.

One of the most reassuring promises found in Scripture is the assurance that God will never abandon those who belong to Him. Heb. 13:5 reminds us that the Lord has promised, *"I will never leave you or forsake you."*

Our hope is Christ Jesus. We place our complete trust in Him, Our Father, as our protector, confidant, and the source of our confidence.

A steadfast promise of God was first given to Israel and Joshua before entering the Promised Land. *"I will never leave you nor forsake you,"* (Deut. 31:6). Encouragingly, Moses reminded Joshua that as the succeeding leader, *"the Lord Himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged"* (Deut. 31:8). Joshua's task of taking the Promised Land seemed impossible, but with the Lord's presence, the task was possible.

God's promises are not only comforting but also provides courage to followers of Christ. Because God will fight our battles, we can live unafraid. Heb. 13:6 follows God's

promise with the statement, *"Hence we can confidently say, 'The Lord is my helper; I will not be afraid. What can anyone do to me?'"*

Essentially, this is a quote from Ps. 118:6-7, which portrays God as the Helper who protects His chosen people. Like Joshua being encouraged to complete his appointed task, Christians can also be emboldened and strengthened by the promise that the Lord will be with them always.

At the Refuge, it is foundational that we teach the promises of God are to be depended on as Truth and His gift of salvation is eternal.

Today we pray, "Lord, thank you for reminding us of Your boundless love and unwavering faithfulness. We trust in Your guidance and remain open to Your plan for us. May our hearts always remain receptive to Your calling, and may we always remain steadfast in fulfilling Your agenda and purpose for our life. Your plans for our life are the best, and we are grateful to be in Your service. Your voice is paramount to us, and we pledge never to be too preoccupied to sing Your praises. Your consistency, immutability, and faithfulness are beyond compare. You are the God of our past, present, and future, and we have complete faith that You are the author of our life's story."

Thankful for His faithfulness,

Brenda Sposato

Director of Development



Prayer by Founder Donna Lee Robart

Lord, you have been our dwelling place in all generations. Before the mountains were brought forth, or ever You had formed the earth and the world, from everlasting to everlasting You are God. The years of our life are 70 or even by reason of strength eighty, yet their span is but toil and trouble, they are soon gone, and we fly away. So teach us to number our days that we may get a heart of wisdom. Return O Lord! How long?

Have pity on your servants! Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. Let Your work be shown to your servants and your glorious power to their children. Let the favor of the Lord our God be upon us and establish the work of our hands upon us. Yes, establish the work of our hands! Amen.

Verses from Psalm 90, written by Moses, the man of God.

From broken to blossomed

I came to the Women's Refuge feeling utterly lost and broken, a failure. I was trying to achieve success on my own strength, which left me exhausted, shattered, and hopeless. The Refuge was the first place I experienced the sustainable peace that comes from God's presence. His promises took root in my heart, and I was determined to carry God's peace wherever He led me.



Diane Ludwig and Beniley

In the past two years, His work has manifested in my life by giving me confidence in my identity in Him and growing my business. Recently I was honored to relaunch my skin care line with my "family" at the Women's Refuge, the very place God assured me He would build something remarkable in me, not in my strength, but in His and what He gives, no one can take away. My heart overflows with gratitude for God's faithfulness. I want to testify it's been truly worth it to place my trust in Him.
~Beniley

Viki receives new strength

Last year, I was going through many life changes, and it was all too much, or so I felt! I felt myself sinking into depression and almost constant anxiety. Every day was a battle to just survive! I was tired, burnt out, and needed to re-center my whole self on Christ. God led me back to the Women's Refuge, where I had come a few years before.

For the past three months I've been doing a deep dive into God's Word, as well as into godly study material and counseling. I've learned to replace negative self-talk with the truth about what God says about me!

I've learned that God has a glorious purpose for me and that it is only when I fully surrender to Him that I can find

WOMEN'S REFUGE OF VERO BEACH
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Rita E. Faillace
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freedom from anxiety and depression. The verse God has been repeating to me comes from Isaiah 40:31. It says, *"But those who wait on the Lord will renew their strength, they shall mount up with wings like eagles. They shall run and not be weary, they shall walk and not faint."*

God has renewed my strength. He has overwhelmed me with His love and kindness, and I'm so excited to see what He will do next, and how He will use me in the future! ~ Viki



Skippy Learns to Share

By Nicole Swords

Nicole Sword's Book Signing
October 21, 1-3 PM at the
Women's Refuge Resale Shop
@ 1615 Collins Avenue, VB

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