

WAYS TO MAKE A DIFFERENCE

1

\$100 provides one resident with one day of certified counseling, Christ-centered curriculum, support groups, food, housing and more.

2

\$50 provides one counseling session for those in need, helping to restore meaningful relationships and promote healthy living.

3

Volunteer your time. Volunteers are the heartbeat of our organization.

4

Buy at our Women's Refuge Resale Shop, our Unique Finds store, or donate lightly used items. We're located behind the Majestic Theatre in Vero Beach, 1609/1615 10th Ave.

The Women's Refuge of Vero Beach instructs and discipless women in a safe environment so that they may learn to live fruitful lives with changed attitudes about God, themselves, and others. We count on support from people like you to continue this work.

Please join us helping change lives!
Send your donation by Dec. 31st for 2023 tax credit.


WOMEN'S REFUGE
OF VERO BEACH
1850 Lemon Avenue
Vero Beach, FL 32960

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WOMEN'S REFUGE
OF VERO BEACH



Help, Hope, Healing

WHO WE ARE

Since 1997, the Women's Refuge of Vero Beach has been providing healing and wholeness to emotionally, mentally, and spiritually wounded women, men, and families in our community through biblical counseling, support groups, and a live-in Christian program where hurting women can find sanctuary in a healing environment.

From our founder's first vision to now, people from all over the world have found freedom from debilitating depression, anxiety, and the devastation of deep personal losses and broken relationships. We address the challenges of life issues from a biblical perspective. We offer a plan designed to bring healing and hope into people's lives. We're here to help!

*“Today I feel free.
Now He is doing His
purpose in my life.
I know I will never be alone.
God is with me.”*

A photograph of a person standing in a sun-dappled forest, seen from behind with their arms raised in a gesture of praise or freedom. The person is wearing a light-colored long-sleeved shirt and dark pants. The forest floor is covered in fallen leaves and moss, and the trees are tall and thin, with sunlight filtering through the canopy.

**For 26 years,
providing refuge from
life's difficult storms.**

238

RESIDENTS • COMMUNITY COUNSELEES
SUPPORT GROUP MEMBERS

4739

VOLUNTEER HOURS DONATED

96% OF RESIDENTS
COMPLETED THE PROGRAM

TESTIMONIES

Ashley and Keith W.

Throughout counseling, we've learned different tools to help us communicate and problem-solve better. More importantly, we're learning how to put God first in our relationship. We're still working on it, but God is so much more a priority in our lives, our relationship, and in our family.



We're learning and growing together in Christ and in our relationship with one another. Praying together has set a godly example for our son, who has gone from never praying to praying regularly.

Life gets hard with both of us working full time, parenting, and juggling priorities, but with God in the center, counseling supports us and helps give us hope for a better future.



Fabiola J.

I arrived at the Women's Refuge with my heart broken. I had lost my identity in Christ, my marriage was in crisis, and I felt pain, shame, bitterness, and was full of fear. But God opened His arms of love to me at the Refuge. Day after day, through my counselors and biblical classes, I received unconditional love and guidance that I so desperately needed to heal my heart and restore my relationship with Christ. In obedience

to His voice, I stayed for three months. My identity in Christ has been restored. I am free, totally free from shame, victimization, bitterness, and fear.

My marriage and my family will be impacted by my love and obedience to God. He is my everything. I will never be alone; His presence is always with me. Praise and all the glory goes to God, my Lord Jesus, and the Holy Spirit.

Shawn W.

God knew I would require a counselor's help through the support group, "The Shelter from the Storm," to discern His truth, to face my fears, unfelt emotions and unshed tears, and to receive His love and comfort.

Because counseling went hand-in-hand with the study, I'm now more equipped to recognize lies and replace them with God's truth to walk out my salvation.

I'm so thankful for the Women's Refuge, their "hands and feet of Jesus" and their "safe space," to receive the help/healing that I needed!



COMMUNITY TESTIMONIES

Lead Pastor of Vero Bible Fellowship

Greg Sempserott

As a local pastor, I know how vital a ministry like the Women's Refuge is to our churches and community.

There is only so much that spiritual leaders in the church can do to minister to the number of people in need of intensive ministry. We need support ministry that comes alongside pastors who either are not equipped to handle specialized areas of care or are overwhelmed by cries for help in their churches.

I have seen first-hand the results of this ministry as they help women from our churches and community.

I for one am so thankful for this ministry. It's obvious to me that they have a heart for helping people find God's redemption and forgiveness, His truth, and His grace. My prayer is that you will continue to support this work of God. We are blessed to have the Women's Refuge in Vero Beach.



Volunteers and Financial Supporters



MaryAnn and Steve Rutter

We've seen firsthand how God changes people and works mightily through this ministry. We also admire how they make their money stretch and how they are responsible stewards of what they receive. That's why we'll continue to volunteer and share financial support as God enables us.

Why We Volunteer

Anne & Chuck Erickson

Volunteering for the Women's Refuge has given us so much more than we could ever give back. It's given us a sense of purpose. Simply working with the staff has shown us what unconditional love and caring for others really means. The transformation that this love has on so many is simply amazing to witness. The opportunity to help share this mission with friends, neighbors, and our community is truly a blessing. It is such a pleasure to live in a community that is so generous to those in need. As volunteers, we sincerely feel as though we're part of the Women's Refuge family, and for that, we're extremely grateful.



A CALL TO GIVE

From Our Executive Director

Diane A. Ludwig

Thank you for your past generosity in offering hope to the hopeless.

Especially in these tough economic times, money for individuals to put towards their mental health becomes almost impossible. Yet each day brings more pain, guilt, and brokenness that affects the very fabric of the family, our churches, workplaces, and communities. This is at a critical point in our world today.

When a woman is emotionally impacted by something like the loss of a child or divorce, suffering from a personal traumatic event or is spiraling into depression, where does she turn for help?

The Women's Refuge is here! We are a ministry where hurting women can find sanctuary in a safe environment offering help, hope, and lifelong healing. For 26 years, our residential program has proven successful, encompassing biblical counseling, targeted support groups, and personal Christian studies that collectively build true faith.

In addition, we offer biblical counseling to couples, families, individuals, and young adults in our community.

I am asking you to please partner with us today with your very best financial gift. Your donation will make it possible to continue offering hurting souls a place of transformative healing and restoration. You also may know of someone who could use our help, so please, be the one to make a difference in a life today.

To continue offering life-changing services that now cost more to maintain, we need your financial support. We risk losing lives to emotional, mental, and spiritual wounds that can effectively be treated using biblical principles to restore meaningful relationships and bring renewal to individuals and families.

Prayerfully yours,

Diane A. Ludwig



DONATE NOW!

MAIL: Women's Refuge | PO Box 1484 | Vero Beach, FL 32961
(772) 770-4424

ONLINE: WomensRefugeVB.org