



**August 2021 Newsletter**

***ABOVE ALL ELSE GUARD YOUR HEART ...  
for everything you do flows from it Prov. 4:23***

I was scared. I imagined the gigantic shot of novocaine numbing the area, the scalpel looming large in my mind. Months before, my adorable toddler had broken glass, shattering pieces all over her and myself. In desperation to protect her and clean up the mess, I ground a sizeable piece into the base of my thumb. Not able to get it out, I stuck a band-aid on it, hoping to ignore it.

Maybe it will work its way out. That's what splinters usually do, right? So, for three months I padded the area with a band-aid to make it more bearable, hoping it would go away. The pain wasn't that bad; so what if I had limited use of my thumb, I rationalized? Finally, I got up the nerve to see a doctor who, with a quick shot and a sharp scalpel, dug out a large piece of green glass. Instant relief! What was the big deal I wondered? A little momentary pain for the full use of my thumb? A no-brainer!

Did I learn that lesson from years ago? Not really. A shard of glass in my thumb is nothing compared to the shards in my heart.

Many years after this incident, I realized I needed heart surgery. Not the kind from a cardiologist but the kind only the Holy Spirit can do.

Though I was a Christian, the challenges of just living

life in my own strength, had depleted me of all joy and peace. Trials and tribulations left me heavily burdened. There were so many tiny slivers of glass in my heart, slivers deep and painful; many I didn't even recognize had calloused my heart. I was tired of being tired. I was not experiencing the joy and peace that Jesus Christ promises. I was stuck and didn't know how to get unstuck. I needed help and when a friend told me about the Women's Refuge, I jumped at the chance. There, I found the freedom I so desperately needed through this remarkable ministry.

Is it possible you have shards of glass in your heart? Have you been putting band-aids on your heart ignoring hurt, fear, and even depression? Has your walk with God gone stale? Are you looking for a fresh start?

Then the Women's Refuge is the place for you. A quiet place of safety and comfort while renewing your relationship with the God of all comfort, who has never abandoned you. He wants to set you free to walk with Him daily in His peace and joy.

*"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11*



CJ McDaniel  
Biblical Counselor  
Certified Recovery  
Support Specialist

*Prayer from our founder, Donna Lee Robart*

In these challenging times, let us praise the Lord, who created the heavens and earth: "Not unto us, O Lord, not unto us. But to Your name give glory. Because of Your mercy. Because of Your truth. Why should the nations say, 'So where is their God?' But our God is in heaven; He does whatever He pleases. The heaven, even the heavens, are the Lord's; but the earth He has given to the children of men.

May you be blessed by the Lord, who made heaven and earth. The Lord is mindful of us, His children. He will bless us. He will bless those who fear Him, both small and great. May the Lord give you increase more and more, You and your children." Psalm 115:1-3,12-15. Selah, Donna.



# Meet Beniley...

Before Beniley came to the Women's Refuge, she was completely broken. She needed to surrender and find a place where she could hear God speak. According to Beniley, her struggles were too much.



*"Because everyone who loves you has a different opinion on how you should do things. So, the Refuge was a true blessing for me. The hardest part was to make the decision to come. I felt like a failure. My knowledge, my power and will to do things failed me. I had no more answers. Once I came into this place, it changed me. First thing was to be in silence, away from the noise and external world. This place is a refuge. Here you feel safe to cry, ask God and hear through the word what He has to say. I know the world has not changed. But I know something inside me changed. I want to take the peace that I have here, to the real world. I wish this place existed everywhere. Women need a refuge. We have so many roles in life. We play the mother role, daughters and wives - it's too many hats... Surrendering to God is the answer..."*

- Beniley, one-month resident

**WOMEN'S REFUGE OF VERO BEACH**  
HELP. HOPE. HEALING.

## Save the Date

**SATURDAY, SEPTEMBER 18, 2021**

**22ND ANNUAL FUNDRAISING GOLF TOURNAMENT**  
@ BENT PINE CLUB 1:30 PM  
\$150 PER PLAYER, \$575 WITH FOURSOME - SPONSORSHIPS AVAILABLE

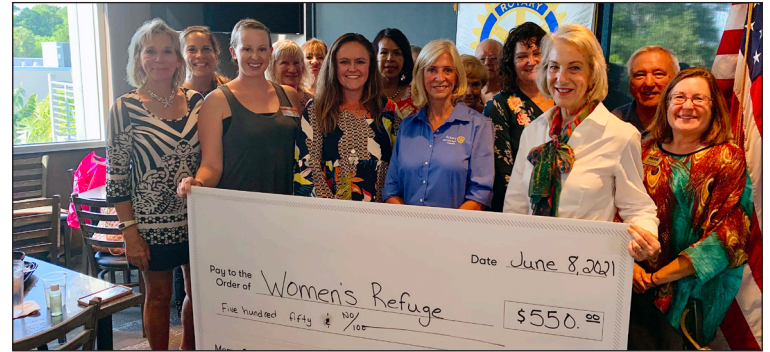
**SCRAMBLE FORMAT, FLIGHT AWARDS CEREMONY AND RAFFLES IMMEDIATELY FOLLOWING THE TOURNAMENT**

REGISTER @ WOMENSREFUGEVB.ORG

SPONSORED BY



Last month, Judy Covarrubias, Outreach Liason of St. Augustine Episcopal Church, presented a check to our Founder Donna Robart and Executive Director Diane Ludwig. The funds will be used to purchase a new freezer in our Bethel residential home. We thank St. Augustine Outreach team for their faithful support!



Oceanside Rotary Club Ladies Night Out was a huge success! So much so that they presented us with a \$550 donation and gifted our women with an abundance of shoes, purses and jewelry. We are beyond thankful for Oceanside Rotary Club! Our hearts are full of gratitude.

**WOMEN'S REFUGE OF VERO BEACH**

## Save the Date

**Third Annual Christmas Banquet**  
"Under His wings you will find refuge." Psalm 91:4

Presented by **BERNARD EGAN FOUNDATION**  
"Bear Good Fruit"

**Saturday, December 11, 2021 at 5:30 PM**  
Corporate Air Hangar — Vero Beach Regional Airport

This event will feature a delicious dinner sponsored by Wild Thyme Catering, silent auction, music, and keynote speaker. It's our biggest event of the year and proceeds benefit the Women's Refuge.

Special Guest: International TV and Film Actor; Stroke Survivor and Author, Kevin Sorbo will share a testimony of true faith, embracing adversity and keeping your faith in God — A journey through trials and triumphs.

For table captain or sponsorship information, visit [womensrefugevb.org](http://womensrefugevb.org) or call 772.770.4424.

Thank you to our Sponsors:

Kevin Sorbo

**LEVCO TECH**

HONESTY, RESPECT, AND GENUINE CARE FOR PEOPLE.

**Services:**  
Full Virtualization  
Managed IT  
Cloud/Server  
Hosting  
IT Consulting  
HIPAA & IT

Call us at 772) 494-0110

[LevCoTech.com](http://LevCoTech.com)

Thank you to our Sponsors:

# Stevens Printing

